



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

APRIL 1-30, 2017 LAP POOL SCHEDULE

Weekday	Lane 8	Lane 7	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1
5a-6a								OPEN
6a-7:15a			OPEN					Sailfish Masters (T-TH)
7:15a-8:30a								OPEN
8:30a-9:30a	Fitness (M-F)							OPEN
9:30a-11a								OPEN
11a-12p								OPEN
12p-1:15p			OPEN					Sailfish Masters (T,TH)
1:15p-2:45p								OPEN
2:45p-4:30p			OPEN					Sailfish (M-F)
4:30p-6:15p	Competitive Swim Training (M,T,Th)			OPEN				Sailfish (M-F)
6:15p-7:30p			OPEN					Sailfish (M-F)
7:30p-8:30p	Swim Clinic (Th)			OPEN				Sailfish (M-F)
8:30p-8:45p								OPEN

Saturday	Lane 8	Lane 7	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1
8a-9a		Sailfish		OPEN		Sailfish		
9a-12:30p			OPEN			Sailfish		
12:30p-5:45p								OPEN

Sunday	Lane 8	Lane 7	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1
1p-5:45p	Swim Clinic 3:30-4:15							OPEN

Lane availability is subject to change.
For current lane availability, check out our App **CANNON YMCA**.



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APRIL 1-30, 2017 FAMILY FUN POOL SCHEDULE

Weekday	RAMP	3' SECTION	5' SECTION
5a-6a		OPEN	
6a-7a		OPEN	Fitness (M,W,F)
7a-8:30a		OPEN	
8:30a-9:30a		OPEN	Fitness (M,W,F)
9:30a-10a		OPEN	Fitness (M-F)
10a-11:30a	OPEN	Swim Lessons (T,Th)	Fitness (M-F)
11:30a-12:30p		OPEN	Fitness (M-TH)
12:30p-1p		OPEN	
1p-4:30p		OPEN	
4:30p-6:45p	OPEN	Swim Lessons (M-TH)	
6:45p-7:45p	OPEN	Swim Lessons (M,W)	Fitness (M,T,TH)
7:45p-8:30p		OPEN	

Saturday	RAMP	3' SECTION	5' SECTION
8a-9a	OPEN	Fitness	
9a-12:30p	OPEN	Swim Lessons	
12:30p-5:45p	OPEN - Parties As Scheduled		

Sunday	RAMP	3' SECTION	5' SECTION
1p-5:45p	OPEN - Parties As Scheduled		

Water Slide and Water Drop available for use when Swim Lessons, Water Fitness or Water Therapy classes not scheduled. Please ask Lifeguard for assistance.